

N I C O L A S K O R K O

COACHING MENU

Welcome! I love food and reading a menu lifts my heart, so what better way to share how I can help! All dishes use my **On Fire Leadership** model as the main ingredient.

WHO DO I WORK WITH?

This is for you, if you're the only woman in the room. Or if you're one of only a few. It can feel lonely at the top. And the further up the ladder the more lonely you can feel. Yet still with all the same pressure, frustrations and battle to be heard.

- You know deep in your heart you're **AMAZING** at what you do, **BUT** you're feeling undervalued and unappreciated.
- You're frustrated at being paid less than male peers and not being given the same opportunities, despite out performing them.
- It feels like a daily battle to be heard and you're done with compromising who you are to fit in, sacrificing family time or neglecting yourself.

You want to make a **REAL** difference in the world, to be a force for good and drive positive change. Reach down the ladder and help others up. To do that you know you need to change but don't know where to start. That's where I come in

WHAT HAPPENS? WHAT IS THE PROCESS?

When we work together, you'll be guided through my **On Fire Leadership** model using the following process.



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- ✧ **1) Set clear goals for our coaching**, what is going to make it a wow experience, the best use of your precious time and have an immediate impact.
- ✧ **2) Starting with feel good foundations** to help get time back for YOU, set brave boundaries, start saying no to get your energy back to have the impact and influence you deserve.
- ✧ **3) Together we go deep YOUR true leadership identity**, to be more confident and kick arse! Finding your values, shedding layers of old beliefs, identify and own your magic.
- ✧ **4) Finally, you'll create a compelling vision of your future** that sets your heart alight and gives you goosebumps, then we create a plan to get there ... starting with inspired action NOW!
- ✧ **5) We'll run through your toolkit** to make sure you have all you need, your toolkit that has an immediate impact now yet will last for a lifetime.

WHO IS NICOLA SKORKO?

Nicola is a leadership coach and neuroscience expert. Over the last four years she has helped thousands of women globally to find their fire and become clear and confident leaders.

Nicola had a 16 year high flying 6 figure corporate career, running multi million pound launches for household brands. Her biggest achievement was leading a team of 40 to deliver a £10 million brand new to the world technology launch.

I get it, I know how tough it can be, being a woman leading in what is still essentially a man's world.

My mission now: Support 20,000 women leaders to find their fire without burning out by 2030. It's time for a new way for women to lead. To drive positive change and create cultures that are safe and fair for ALL.



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STARTERS

Get some immediate help, quickly for FREE. For you to get to know me, and for you to get support now.



5 Steps to Get your Organization to Pay for your Coaching

Downloadable guide, to take steps for your organization to fund coaching to skyrocket your career. [Get yours here!](#)



6 Ways to Keep Top Female Talent in Telecoms and Tech

Downloadable guide, create a strategy to retain the best female talent in your organisation. [Get yours here!](#)



Overwhelm to On Fire: The 5 Minute Head Clearing Checklist for Women in Corporate

Downloadable checklist, 5 steps to clear your head when you don't know where to start. [Get yours here!](#)



Women at the Top of Telecoms and Tech Podcast

My chart topping podcast for women leaders, with incredible guests and actionable hints and tips. We go deep, we share our souls and we're changing the world. [You can listen here!](#)

SIDES

Self study courses, that you can work through at your own pace and keep coming back to, taking immediate action from.



Find your Fire Coaching Companion Notebook

A super simple notebook to capture all your ahas and lightbulbs from coaching to get all you need from your coaching journey for now but create a lifetime toolkit, make it truly transformational.

Investment: £9.99 [Get yours here!](#)



Pause and Passion Plan Journal:

For the woman who never stops, always giving so much to others. Your step by step guide to pausing, to get super clear on what you want and then taking inspired action to implement.

Investment: £14.99 [Get yours here!](#)



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5 Steps to Create your Own Leadership Identity

60 minute masterclass, become the only woman in the room, who is standing out for being an outstanding leader! A woman leading with a clear and compelling leadership identity to show up as who you are, speak up for what you believe and shake things up, make a real difference.

Investment: £29 plus VAT Get yours here!



4 Steps to Thrive Being the Only Woman in the Room

60 minute masterclass full of practical hacks and tips to learn to thrive as the only woman in the room, with the energy and resilience to show up, speak up and shake things up to drive positive change.

Investment: £29 plus VAT Get yours here!



Find your Fire Self Study:

My Find your Fire Leadership programme, used years in organisations available for the first time for self study. This will help you go from feeling unheard, unappreciated and unfulfilled to feeling on fire with energy and resilience to drive positive change to create safe and fair cultures for all.

Investment: £997 plus VAT, get yours here.

MAIN COURSES

We work together as a team, to a clear goal, uncovering and busting past blocks and creating your toolkit for now, that will last a lifetime.

Find your Fire: Immediate Impact Coaching Call

What is it? 1 x 90 minute 1-2-1 zoom call. Follow up call summary, with additional worksheets and actions, plus call recording.

Goal: Focus on ONE key area you want IMMEDIATE impact eg a challenging relationship or job interview prep and leave our call energised and clarity of inspired actions to implement immediately.

Past clients: Interview prep and aced it, went into a make or break meeting clear and confident, creating a plan for next exciting career step and prepped for a challenging conversation with boss.

Investment: £1,111 plus VAT



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Find your Fire: Focused Coaching Programme

What is it? 4 x 60 minute 1-2-1 online coaching calls over 8-10 weeks. Follow up call summary, with additional worksheets and further reading.

Goal: Focus on one or two key areas to explore and go deep on we get to the root of and create an action plan to move past it.

Past clients: Action plan for more confidence in a new role increased impact, refound their energy and inspiration promoted within 3 months, created dream job spec .. offered job in same month.

Investment: £2,222 plus VAT

Find your Fire: Clarity & Strategy Coaching Day

What is it? 10am-4am one to one coaching day with lunch, at my office in Cornwall or a mutually agreed venue. 60 min zoom call to set goals and 60 min follow up call, plus 1 month's email accountability after day.

Goal: A day to step away from pressure and busyness to focus on YOU, we create your vision for what you want, cover any blocks holding you back and a month of support to be accountable to your inspired actions.

Past clients: Mapped out steps to promotion .. promoted in 3 months, created a new dream business launched in 6 months, created a dream job spec which landed the same month.

Investment: £3,333 plus VAT

Find your Fire: Go Deep Coaching Programme

What is it? Working with me 1-2-1 for 6 months. This includes a 2 hour intensive to set your goals, then 12 60 min zoom calls. Plus for help when you truly need it, a monthly SOS call and ongoing messaging support.

Goal: This is the Rolls Royce, go deep coaching programme. We start with getting super clear on where you are now, uncover any blocks that might hold you back, creating a toolkit to use now but to have for life and have me as your coach in your pocket for when you're wobbling.

Past clients: Offered 3 dream roles after being pushed out of organisation, being offered a exclusive new role one of 3 in the UK, being invited to join the board and awarded an unprompted pay rise.

Investment: £8,888 plus VAT

SOUND TASTY?

Book a Get to Know you Call:

If you're ready to find your fire, book a Free 30 minute Get to Know You call with me here. We'll chat through where you are, how you're feeling and what goals you want to see for coaching.



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